



# VP NEWSLETTER

JANUARY 2024



**Office Hours**  
Tuesday - Thursday  
9am - 4pm  
708-753-1975 (o)

6am - Thursdays  
Prayer Call In  
202-926-1080  
Access Code 981434

No internet?  
No problem.  
Call in for

Sunday Service at 10am  
202-926-1080  
Access Code 981434

Children's Church  
is held following  
Praise and Worship.

**JAN. 7, 14, 21, 28**

HAPPY NEW YEAR

2024

**The Year to Succeed**  
Succeed/achieve the  
desired aim or result  
**Psalm 1:1-3**

## HEALTH & WELLNESS MINISTRY

**"International Quality of Life Month"**

Physical

Mental

Social

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Spiritual

Monday, January 15th

Martin Luther King, Jr. Day

Let's be of service!



SCAN QR CODE for CHURCH APP & FIND YOUR FIT

Don't forget to download the VP Church App  
for important PUSH notifications, especially  
during the winter months.

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# January Anniversaries



NO ANNIVERSARIES THIS MONTH

**Continue to pray for our sick and shut-in**

## **Pray for our Bereaved**

Sis. Sarah Barber  
in the loss of her son  
~ **Bro. Melawno M. Barber**

Sis. Julie (Eric) Bryant  
in the loss of her mother  
~ **Sis. Vannetta Greene**

Bro. Paul and Sis. Veronica Dark,  
Brianna (Sidney) McClay, Tyler (Obinna)  
Mojekwu, Bro. Charles (Mary) Sawyer and  
Sis. Shirley Sawyer in the loss of their  
daughter, sister and great niece  
~ **Sis. Lenzie Dark**

Deacons Roy (Katrice) Burns  
in the loss of his father  
~ **Bro. Roy Burns, Sr.**

**Content Available On:  
Facebook, YouTube,  
Instagram, Twitter,  
and  
[VPCOG.ORG](http://VPCOG.ORG)**

### **TUESDAYS**

6pm Tellin' it like it TiS  
(Tosha is Speaking)

### **WEDNESDAYS**

12pm "Lunch & Learn"  
Bible Study  
with Pastor Bruce

6pm Min. Kitty White  
"A Kiss from God"

### **THURSDAYS**

6am Prayer Call

**202-926-1080**

**Access Code 981434**

### **THIRD THURSDAYS**

8pm "Fall in Line"  
"V-Formation  
with Coach V"

### **FRIDAYS**

6pm Pastor Frank  
"Frankly Speaking"

### **THIRD SATURDAYS**

12:30pm ~ Monthly  
Men of Destiny

### **SATURDAYS**

6pm S.A.L.T.  
Bible Study

### **SUNDAYS**

Children's Church  
following

Praise and Worship  
**EXCLUDING 5TH SUNDAYS**



## **JANUARY AWARENESS MONTH**

**What defines  
a good  
quality of life?**

**How can we  
achieve a good  
quality of life?**

**“International Quality of Life Month”**

**Quality of Life is often referred to as,  
“Living Your Best Life.” You may have even heard it  
in reference to aging, illness, and/or end of life.**

**Truthfully speaking, Quality of Life expands across  
all ages, demographics, and life experiences.**

**Physical, mental, social, spiritual, and financial  
wellness should be achieved throughout a life span  
to improve Quality of Life.**

**For more information, please visit**

**[https://bridgetobetterliving.com/celebrate-  
international-quality-of-life-month/](https://bridgetobetterliving.com/celebrate-international-quality-of-life-month/)**

**Why do we need  
a good  
quality of life?**

Interested in a Ministry?

Spiritual Gifts Survey



Find Your Fit

Know Your Gifts

# QR Code for VP Church App

The graphic features a white smartphone mockup on the left with a blue app icon containing a white plant and a smartphone. Below the icon, it reads "THE TITHE.LY CHURCH APP" and "Vernon Park Church of God". To the right, the text "Scan to download the app" is positioned above a QR code. Below the QR code, the word "OR" is centered, followed by two buttons: "Download on App Store" with the Apple logo and "Download on Google play" with the Google Play logo.

Please enable PUSH Notifications