

VP NEWSLETTER

MARCH 2025



Office Hours
Tuesday - Thursday
9am - 4pm
708-753-1975 (o)

MARCH...
WOMEN'S
HISTORY
MONTH

**Acknowledging
OUR OWN
Living Legend
Author, Educator,
& Minister
Rev.
Alice Dise**



**No internet?
No problem.
Call in for
Sunday Service
at 10am
202-926-1080
Access Code
981434**

**Your
Story**

**IT'S GENERATIONAL!
NO BRAG, JUST FACTS!**

**Highlighting: Dean Andrea January
See Page 3**

MINISTRY TEAM RETREAT

Saturday, March 8th

REGISTRATION IS CLOSED

See Page 4

**SENIOR & JUSTICE MINISTRIES
SEMINAR**

Dept. of Aging and Attorneys on hand

See Page 5

VETERANS AND OUTREACH MINISTRIES

Senior facility volunteer opportunity

See Page 6

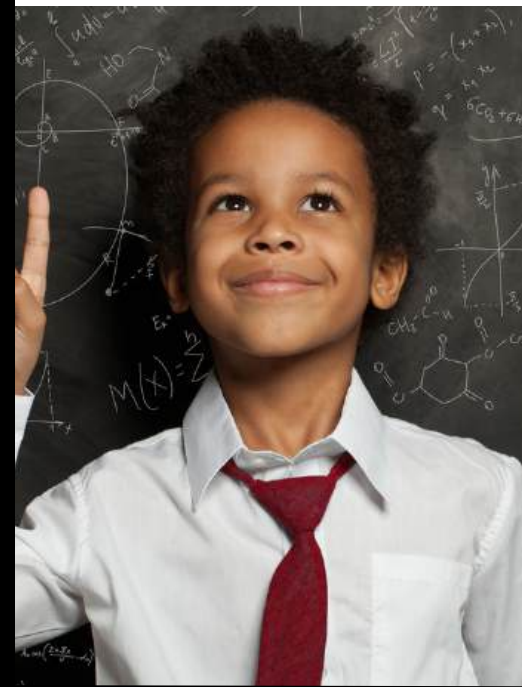
**HEALTH & WELLNESS MINISTRY
Colorectal Cancer Awareness Month**

See Page 7

Consecration 2025 ~ Coming Soon

***This kind can come forth by nothing,
but by prayer and fasting. Mark 9:29***

See Page 8



March Anniversaries

Pastor Quincy & Sharyn Dyer
17 years March 22nd

Pray for our sick and shut-in

Deacon Paul Alston

Bro. Tyrone Tucker

Sis. Alberta Stallworth

Pray for our bereaved

Jaimese (Olan) Kellogg in the loss of her
aunt, **Sis. Diane Atvie**

Sis. Loretha (Franklin) Gray and

Sis. Annika Monigan in the loss of their
mother and **aunt, Sis. Lula Kidd** and also their
aunt, Sis. Grace Kidd

Sis. Flora Lott in the loss of her
husband, Bro. Fred Lott

Sis. Mary (Charles) Sawyer in the loss of her
sister, Adrian Victoria Green

Maura (Jerald) January and Erma Harrison
in the loss of their
uncle, Bro. Juderson Leslie

**He heals the
brokenhearted
and binds up
their wounds.**

Psalm 147:3



NEW CONTENT ON:
[Facebook](#), [YouTube](#),
[Instagram](#)
and [VPCOG.ORG](#)

MONDAYS - 5PM
Moments in Marriage
Real Life Stuff

COMING SOON

TUESDAYS - 6PM
Poetic Perspectives
Catlin & Lady Maura

THURSDAYS - 6AM
Prayer Call
202-926-1080
Access Code 981434

THURSDAYS - 6PM
Power of Prayer
Min. Cassandra Ward &
The Prayer Team

SATURDAYS - 12PM
See What I'm Sayin'
The Bible & ASL
Talayah Stovall &
Carmen Banks

3RD SATURDAY-12:30PM
Monthly
Men of Destiny

4TH SATURDAY-10AM
Monthly
Women Of Purpose
& Prayer Ministry

SUNDAYS - 12PM
This Week in...
Black History

IT'S GENERATIONAL! NO BRAG, JUST FACTS!

Highlighting: Dean Andrea January

God is in the blessing business!

I just want to encourage you who are parents and also juggling careers, that God is in the blessing business! In the last few years, God has blessed me more than I could imagine:

June 2022: Awarded a scholarship from the Illinois Principal Association as part of the School Leader Pipeline Program that covered the cost of nearly 90% of my tuition for my master's degree.

December 2022: Featured in Principal Leadership magazine, a publication of the National Association of Secondary School Principals (NASSP)

July 2023: Became a real estate broker and realtor, licensed in Indiana

April 2024: Inducted into the Kappa Delta Pi International Honors Society in Education (KDP)

May 2024: Graduated from Governors State University with Master of Arts in Educational Administration, 4.0 GPA

June 2024: Celebrated 25 years of marriage

In August 2024, God really showed out! After serving as a high school educator for 24 years, he has given me the OUTSTANDING opportunity to serve as the Dean of Student Care & Concern, for the Moody Bible Institute of Chicago.

Masters



Degree



***Commercial
Realtor***



Dean



at Moody

**If you have a WIN to share, email: Vparkcog@gmail.com
for instructions on what we need in order for you to be included.**

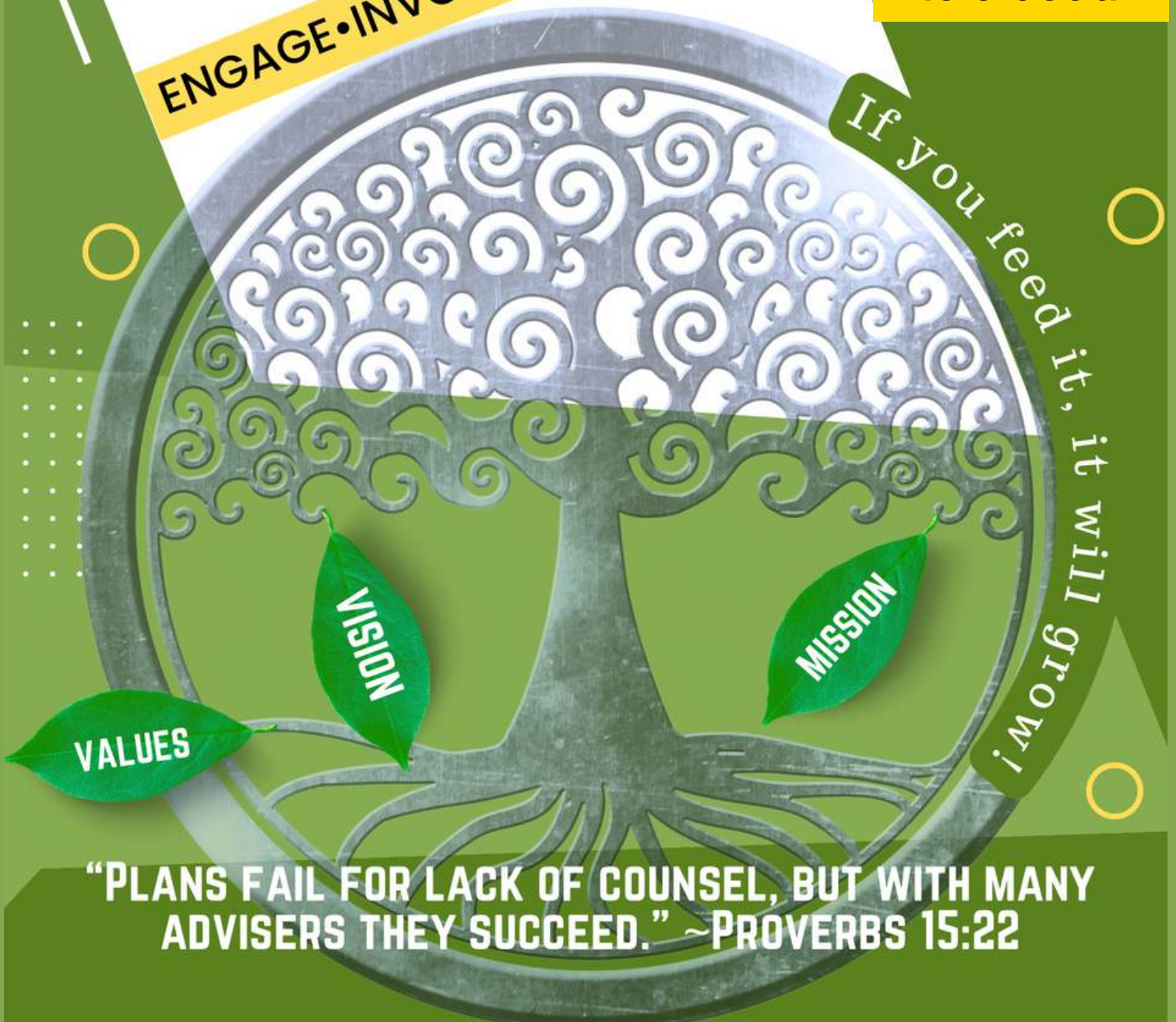
Doors Open at 9:15 AM

VPCOG
Strategic Planning
MINISTRY TEAM RETREAT

MARCH 8
SATURDAY
9:30 - 2:00
AM PM

ENGAGE • INVOLVE • CHALLENGE

Registration
is closed



"PLANS FAIL FOR LACK OF COUNSEL, BUT WITH MANY ADVISERS THEY SUCCEED." ~ PROVERBS 15:22



Registration is required



SENIOR & JUSTICE MINISTRIES

Present our First Seminar

“Growing Wiser”

- Department of Aging to share information about Meals on Wheels, transportation and more.
- Attorneys will discuss Trusts, Wills, Guardianships, Estate Planning, Probate and more.

SCAN QR
CODE TO
REGISTER

Saturday
March 22nd



10 AM - 1:45 PM



1975 E. Joe Orr Rd
Lynwood, IL 60411



**Veterans & Outreach Ministries
Present...**

SENIOR OUTREACH

Saturday, 3.29.2025

10am - 12pm

WHERE:

Kenwood Village

**(formerly the Estate of Hyde
Park Nursing Home)**

4505 S. Drexel Blvd.

Chicago, IL

REQUESTED DONATIONS:

t-shirts

Women: M-XL ● Men: L-3X

**Travel-size care package of
Hygiene kit supplies**

**(Ex. toothpaste, lotions, toothbrush,
soap, and other toiletries)**

Drop off location:

Foyer...under the

WELCOME SIGN

Donate By: Sunday, 3.16.25



toiletries



t-shirts

**new or
gently used**



Share LOVE

MARCH IS

National Colorectal Cancer Awareness



Colorectal cancer is the second leading cause of cancer death in the United States. The National Cancer Institute estimates that 152,810 people in the United States received a diagnosis of colon or rectal cancer in 2024, and approximately 53,010 died of it.

Colorectal cancer awareness is important because many cases of cancer of the colon or rectum are preventable. Screening by colonoscopy can help prevent this cancer because precancerous polyps found during the procedure can be removed at the same time. Furthermore, colonoscopy can also detect the cancer at early stages, when treatment is more likely to be successful.

Cancer of the colon or rectum is more common in men than women. It is also more common among American Indians/Alaska Natives than people of other races. The median age of diagnosis in the United States is 66 years, while about 78% of newly diagnosed patients are aged 55 and older.

Factors contributing to an increase in early-onset colorectal cancer, according to the AACR Cancer Progress Report 2024, include:

- Unhealthy diet and the microbiome
- Obesity
- Chemicals in the environment
- Use of antibiotics
- Consumption of alcoholic beverages
- Sedentary behaviors



To reduce the risk of cancer, according to the AACR Cancer Progress Report, consumption of red meat should be limited to no more than three servings (a total of 12 to 18 ounces) a week, and shouldn't include processed meats like hot dogs, bacon, and salami, because these foods can increase the risk of colorectal cancer, among others. On the other hand, a diet rich in fresh fruits and vegetables, nuts, whole grains, and fish can help lower the risk of developing certain cancers and many other chronic conditions

Colorectal Cancer Awareness

[Colorectal Cancer Screening CDC](#)



VP CONSECRATION & PRAYER GUIDE

MID-MARCH 2025



**FULL SCHEDULE AND DETAILS WILL BE AVAILABLE
IN A SPECIAL EDITION NEWSLETTER**

OUR TIME OF CONSECRATION (PRAYER & FASTING)

**FAST START DATE
THURSDAY, MARCH 20th**

**FAST END DATE
FRIDAY, APRIL 18th @ 6:00PM**

**Prayer CALL IN Schedule Starts
Thursday, March 20th - Friday, April 18th**

M-F 6:00 AM & 6:00 PM

**The prayer and fasting schedule will be released on
our website VPCOG.ORG next week in a
Special Edition Newsletter, Sunday, March 9, 2025**